
Site Management Safety Training Scheme (SMSTS)

Course length: 5 Days

Additional work: None

Level: Basic

Delivery: Classroom

Pre-Qualifications: None

Venues: Nationwide or In-House



Overview

The CITB five-day Site Management Safety Training Scheme (SMSTS) is one of the most highly regarded health and safety training courses within the construction industry. This industry-recognised training course is ideal for all companies involved in construction – site clearance, ground and road works, building, assembly, civil engineering, installation, maintenance, decorating or demolition.

Target Audience

The course is intended for project managers, site managers and site supervisors as well as proprietors of small to medium sized companies. Client-based personnel would also benefit from attending the course. It is available for current and prospective site managers and supervisors, and is taken by more than 10,000 people each year.

Assessment Process

This is determined by reaching a minimum level of achievement against four criteria:

- Full attendance of all course sessions
- Performance in each of the four core exercises
- An overall review by the course tutor
- A pass mark in the 25 question multi-choice paper

Aims

- A better understanding of the legal, moral and social responsibilities of their role
- To manage health and safety on site in accordance with current legal requirements, including CDM.
- To identify and avoid potential hazards on site
- To prepare method statements, risk assessments and other statutory requirements of the Health and Safety at Work Act.

Additional Notes

The highly-interactive method of delivery of this course makes it interesting, and it allows for discussion and understanding of the subject areas together with engaging, practical exercises.

The certificate lasts five years, after which candidates must sit the 'Two Day SMSTS Refresher Training Course' to renew the certificate and keep their qualification up to date. This must be done before expiry of the 5 year certificate Possession of the SMSTS qualification is listed in Appendix 4 of the Approved Code of Practice for the Construction (Design and Management) Regulations L144 as an example of the evidence a site manager could use to demonstrate meeting the required standard. Successful candidates will be awarded the CITB Site Management Safety Training Certificate.

Syllabus

The course covers The Health & Safety at Work Act and other regulations and requirements relevant to the construction industry, including:

- Site set up
- CDM Regulations 2015
- Risk Assessment/Method statements
- Scaffolding/Electricity/Excavations
- Demolition/Confined Spaces
- Recent changes in accepted working practices

